



Stoney Creek Recreation Centre
45 King St. W Stoney Creek
905-546-2196



GYM SCHEDULE

April 1 to June 10, 2019

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
	Tai Chi Fundamentals (55+) 1:00-2:00pm \$2.15 admission	Cardio, Balance & Strength (55+) 10:15-11:15am \$2.15 admission	Guitar (All Ages) 10:00-11:30am	Cardio Beat (55+) 11:30am-12:30pm \$2.15 Admission		
	Guitar (All Ages) 8:00-9:00pm	Cardio, Balance & Strength (55+) 11:30am-12:30pm \$2.15 admission		Cardio, Balance & Strength (55+) 12:45-1:45pm \$2.15 Admission		
				Cardio, Balance & Strength (55+) 2:00-3:00pm \$2.15 Admission		
				Open Social (55+) 1:00-3:00pm FREE		

NOTES: Program staff are there to set up and supervise programs and are not there to replace parent/guardian supervision. Centre will be closed on **Friday April 19, 2019 (Good Friday)**, and **Monday April 22, 2019 (Easter Monday)**. Centre will be on 4 hour modified holiday program on **Monday May 20, 2019 (Victoria Day)**

ADMISSION

RATE	SINGLE ADMIT	CLIP CARD (10 VISITS)	YEARLY PASS
YOUTH (2-17 years)	\$3.30	\$23.55	\$45.10
ADULT (over 18 years)	\$4.95	\$37.10	\$109.00
SENIOR (over 55 years)	\$3.30	\$23.55	\$45.10
FAMILY (max. 2 adults)	\$9.80	\$73.50	\$164.10